



CPR AND DEFIBRILLATOR TRAINING

Garry Smith and Peter Bryant provided well-attended refreshers on CPR (Resuscitation) training at the club, including use of the club defibrillator (AED).

All members are asked to watch the You tube video at https://youtu.be/msRft-g-k_s to see how important and easy it is to do CPR and use the defibrillator. *Please email this URL to your phone so that you can search for it easily if need arises.*

In summary:

- if a person is unresponsive on the floor then someone call 000 (not 911) for an ambulance (to 17 Chelmsford Ave Cronulla)
- grab and follow the green CPR instruction sheet (pictured) from the wall in the locker area behind the bar
- if defibrillation is indicated, grab the AED device on the wall in the locker area behind the bar
- follow the instructions given audibly by the AED.

Pictures of the AED and equipment are below.

Your actions could save a member, friend or family member.

NOTE: Pam McLaren of the Womens Bowling Club has advised that she cannot use a defibrillator. If there is anyone else could they please make themselves known to Peter Bryant and a list of such names will be attached to the unit.

Enjoying the new shade on green 1 (pictured below)

All 4 sides of green 1 now have shade cover so we can play in both directions and enjoy some shade between shots and we were successful in our Local Sports Grant application which has helped towards the cost. Happy days!

Getting ready to trial Team App to register for bowls

We have 62 members signed up to Team App which is enough for a trial. The aim is to replace the 'phone in to register' or at least minimise the number of calls. The next steps are to train the selectors, publish instructions to members, commence the trial for Wednesday social bowls initially and then add in Thursday and Saturday if successful.

Unification update

Before members are asked to vote on the unification of Women's Bowls NSW and Bowls NSW you will receive a Member Information Pack (MIP), on or around 16th April, containing the constitution of the new entity for your review and feedback. Meetings, at which members may vote, will be held with 35 days notice from receipt of the MIP so we expect the vote to be in May.

JIM TWISS IN ZONE FINAL

Jim is through to the final of the Zone 13 Veterans Singles Championship.. Well done and good luck Jim!

SELF-SERVE AFTERNOON TEA

A picture of the self-service tea and coffee available in the kitchen to bowling members on bowling days is shown below.

NOTE: We continue to monitor and follow covid restrictions at the club.

Other photos shown below include Julie Grantham playing in the 3rd round district singles (game marked by Anne Kinniburgh).

Good bowling all and good luck to our mens and womens pennants teams!

Garry Smith, Chairman, On behalf of the Board

Womens Bowling Club

On Tuesday the 6th we held a surprise 90th Birthday party for our very good friend Bonnie who together with her late husband Dennis tirelessly volunteered over many years for the better of our club. Impressively, Bonnie is also a life member of the club.

The party was attended by 50 of our Men and Women Club members and was a huge success. When Bonnie entered the club she was met with the pleasant surprise of the celebration dedicated to her. Bonnie was presented with a bouquet of native flowers and a card signed by all who attended the party. The Lady members



supplied the food which was enough to feed an army and I must say a huge thank you to all those who supplied the food. In fact, Wednesday men players will have our leftovers as there was so much.

Our pennant teams are doing very well;

- Leaha & Julie's team, (grade 4, team 2) are running second in the competition to Engadine 2.
- Candice and Di's team (grade 4, team 1) are also running second to Cronulla central.

Our teams have performed very well and the members must be proud of them because myself, as president, am extremely proud of the way they have performed. Well done Ladies.

Jenny Bisset, Lady President

NEW BOWLERS

Give a welcome to two new bowling members when you see them around the club

Amanda Izzard John Harrow Ward Stevens Rod Barnes Greg Lenton

